

Tour Name	Average Daily Mileage	Riding Difficulty Level	Trail Surface	Longest Day	Total Miles	Percentage Road Riding	Bicyclist Skill Level	Rest Day?	Special Considerations
Florida Keys	25	Easy	Paved	28	105	30	Intermediate	Yes, Key West	42 bridges, with highway shoulder riding on the longest ones
Florida Gulf Beaches	28	Easy	Paved	29	125	0.1	Intermediate	Yes, Clearwater Beach	Many intersections to cross on some of the trails
Natural Florida	34	Easy	Paved	41	136	0	Intermediate	Yes, Crystal River	Many intersections to cross on Pinellas Trail
Outer Banks	15	Easy	Paved	15*	45*	25	Intermediate	Yes, Kill Devil Hills	*Extra mileage each day is possible.
Great Allegheny Passage	39	Moderate	Crushed Stone	44	153	0.1	Intermediate	No	Scenic non-paved rail trail with gentle uphill and downhill
Michigan Trails	32	Easy	Paved 95%	39	192	0.1	Intermediate	Yes, Traverse City and Mackinac Island	Scenic tour with visits to Sleeping Bear Dunes and Mackinac Island
Minnesota Trails	30	Easy	Paved	37	180	1	Intermediate	No	Trails through forests and rural areas, plus urban trails in St Paul
Wisconsin Trails	27	Moderate	Crushed Stone 75%	39	165	1	Intermediate	No	Non-paved rail trails in Wisconsin, paved Root River Trail (MN)
Quebec	32	Moderate	Crushed Stone 75%	34	126	0	Intermediate	No	Scenic non-paved rail trail with gentle uphill and downhill
Champlain Islands	29	Moderate	Paved 80%	35	115	60	Intermediate	No	60% road riding on backroads, some moderate hills
Cape Cod	21	Easy	Paved	30	105	10	Intermediate	Yes, Provincetown	A few moderate hills into P'town, very scenic tour
Erie Canal Finger Lakes	35	Moderate	Crushed stone 85%	44	138	15	Intermediate	No	Some hills on our ride in the Finger Lakes area, Erie Canal Trail is not paved
Ohio Trails	33	Moderate	Paved 80%	39	231	0	Intermediate	No	7 consecutive cycling days
Katy Trail	39	Moderate	Crushed stone	51	237	1	Intermediate	No	6 consecutive cycling days on crushed stone trail